

MCLEAN HIGH SCHOOL

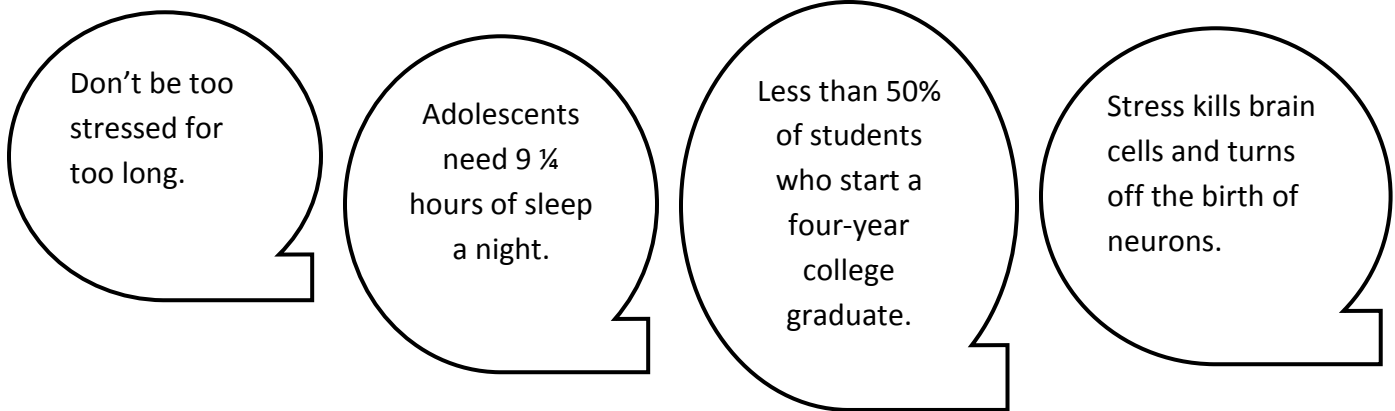


McLean High School PTSA Presents

ENERGIZING THE TEENAGE BRAIN

Monday, May 18, 7:30 pm

McLean High School Auditorium



All members of the community are invited to hear neuropsychologist Dr. William Stixrud speak on the enormous developmental and biological changes that take place in the teenage brain, and how parents can help teens develop patterns for healthy sleep, study, eating and stress management.

Dr. Stixrud is a noted clinical neuropsychologist and a frequent lecturer on brain development. He holds a Ph.D. from the University of Minnesota and is on the faculty of the Children's National Medical Center and George Washington Medical School.

For more info, contact MaryAnn Lastova, MHS PTSA Health and Wellness Chair, last4ever1@verizon.net